

#### MADE WITH NON GLUTEN CONTAINING INGREDIENTS

If you choose from this menu, please specify this to staff when placing your order.

| • LITE BITES •   |       |
|--|-------|
| <b>CHEESY CHIPS &amp; CHIP SPICE (V) (%)</b><br>Choose from thin skin on fries or chunky chips.  | £3.20 |
| <b>CHIPS (V) (V) (§)</b><br>Choose from thin skin on fries or chunky chips.  | £2.10 |
| <b>SWEET POTATO WEDGES (V) (V) (%)</b><br>Served with a choice of dip.   | £3.20 |
| PLAIN NACHOS (V) 🔇<br>Tortilla chips topped with mozzarella, sour<br>cream, salsa and jalapeños.   | £4.95 |
| <b>VEGAN NACHOS (V) (§)</b><br>Tortilla chips topped with vegan mozzarella,<br>salsa and jalapeños.  | £4.95 |
| <ul> <li>SALAD BOWL V V S</li> <li>Spinach leaves, grated carrot, cherry tomatoes, red onion, diced peppers, red and white cabbage, quinoa, pumpkin seeds and edamame beans dressed with honey and mustard dressing and red pepper houmous.</li> <li>For an extra £1.75 add:</li> <li>Pulled strips of cooked tender chicken. </li> <li>Sweet potato falafel. V V S</li> </ul> | £4.95 |
| SUNDRIED TOMATO ROLL (V) (S)<br>Topped with Monterey Jack cheese, green pesto<br>and spinach leaves served in a gluten free roll.  | £5.95 |
| <b>PULLED CHICKEN AND BACON ROLL (</b><br>Served in a gluten free roll with little gem lettuce and mayo.   | £5.95 |

## MAIN MEALS •

#### MUSHROOM STROGANOFF 🚺 🔇

Served with rice and topped with fresh parsley.

#### 80Z RUMP STEAK 🛞

Served with choice of thin skin on fries or chunky chips, peas, a flat mushroom and half a grilled tomato. Our steak is cooked medium well.

#### **BBQ CHICKEN MELT**

Butterfly chicken breast topped with bbg sauce. bacon and Monterey Jack cheese, served with peas and a choice of thin skin on fries or chunky chips.

#### RICE BOWL (V) 🔇

Rice, shredded white and red cabbage, peas, spring onion and lemon wedge dressed with sweet chilli and yoghurt and mint sauce.

#### Choose one of the following to top your rice bowl:

- Pulled strips of cooked tender chicken (\$)
- Sweet potato falafel V V (\$)

# DESSERTS

#### VEGAN CHOCOLATE ORANGE TART 🚺 🚺 🚯 E2.75

Served with vegan vanilla flavoured dairy free ice cream.

### ALMOND CAKE WITH DAIM 🚯

Served with vanilla flavoured ice cream.





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£8.95

£7.50

£5.95

£3.00